

# Size guide – workwear

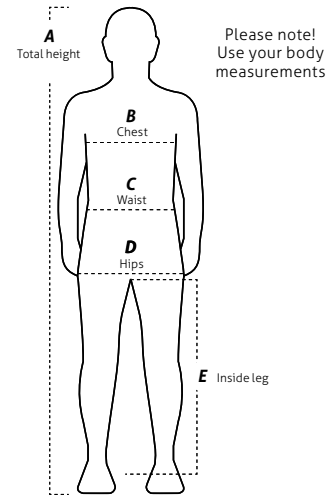
Starting from your own body size, compare to the tables to find the correct size. Choose the table matching your height (A).

The tables for women's garments only apply for garments for woman, otherwise, the tables for men apply. There are separate size tables for Acode.

When buying trousers, measure A, C, D, E and for jackets, measure B (sizes XS-5XL). Measure A, B, D, E for coveralls and, depending on your height, choose regular, long or short in the tables.

## Please note!

All measurements given in the tables are body size, except the inside leg, which is equivalent to the garment's size.



## Jackets, trousers and coveralls

| Men sizes                                       | XS  |     | S    |      | M    |      | L    |      | XL   |      | 2XL  |      | 3XL  |      | 4XL  |                                 | 5XL |     |     |
|---|-----|-----|------|------|------|------|------|------|------|------|------|------|------|------|------|---------------------------------|-----|-----|-----|
| <b>A. Regular (normal waist),</b><br>176-184 cm | C40 | C42 | C44  | C46  | C48  | C50  | C52  | C54  | C56  | C58  | C60  | C62  | C64  | C66  |      |                                 |     |     |     |
| <b>A. Tall (normal waist)*,</b><br>184-192 cm   |     |     | C144 | C146 | C148 | C150 | C152 | C154 | C156 | C158 | C160 | C162 | C164 | C166 | C168 | * size group tall for coveralls |     |     |     |
| B. Chest cm                                     | 80  | 84  | 88   | 92   | 96   | 100  | 104  | 108  | 112  | 116  | 120  | 124  | 128  | 132  | 136  | 140                             | 144 | 148 | 152 |
| C. Waist cm                                     | 68  | 72  | 76   | 80   | 84   | 88   | 92   | 97   | 102  | 108  | 114  | 120  | 126  | 132  | 138  | 144                             | 150 | 156 | 162 |
| D. Hips cm                                      | 88  | 91  | 94   | 98   | 102  | 106  | 110  | 114  | 118  | 122  | 126  | 130  | 134  | 138  | 142  | 146                             | 150 | 154 | 158 |
| <b>E. Regular</b> inside leg cm                 | 80  | 80  | 80   | 80   | 82   | 82   | 82   | 84   | 84   | 84   | 84   | 84   | 84   | 84   | 84   | 84                              | 84  | 84  | 84  |
| <b>E. Long</b> inside leg cm                    |     |     | 85   | 85   | 87   | 87   | 87   | 87   | 89   | 89   | 89   | 89   | 89   | 89   | 89   |                                 |     |     |     |

| Short (large waist)**             | XS  |     | S   |     | M    |      | L    |      | XL   |      | 2XL  |      | 3XL  |      |
|-----------------------------------|-----|-----|-----|-----|------|------|------|------|------|------|------|------|------|------|
| <b>A. Total height 168-176 cm</b> | D84 | D88 | D92 | D96 | D100 | D104 | D108 | D112 | D116 | D120 | D124 | D128 | D132 | D136 |
| B. Chest cm                       | 84  | 88  | 92  | 96  | 100  | 104  | 108  | 112  | 116  | 120  | 124  | 128  | 132  | 136  |
| C. Waist cm                       | 78  | 82  | 86  | 90  | 94   | 98   | 103  | 108  | 114  | 120  | 126  | 132  | 138  | 144  |
| D. Hips cm                        | 93  | 96  | 100 | 104 | 108  | 112  | 116  | 120  | 124  | 128  | 132  | 136  | 140  | 144  |
| E. Inside leg cm                  | 76  | 76  | 76  | 78  | 78   | 78   | 80   | 80   | 80   | 80   | 80   | 80   | 80   | 80   |

\*\* size group short for coveralls

| Women sizes   | XS | S   |     | M   |     | L   |     | XL  |     | 2XL |     | 3XL |     | 4XL |     |
|---|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| <b>Regular (normal waist)</b><br>A. Total height 164-172 cm |    | C34 | C36 | C38 | C40 | C42 | C44 | C46 | C48 | C50 | C52 |     |     |     |     |
| B. Chest cm   | 76 | 80  | 84  | 88  | 92  | 96  | 100 | 104 | 110 | 116 | 122 | 128 | 134 | 140 | 146 |
| C. Waist cm   | 63 | 66  | 69  | 72  | 76  | 80  | 84  | 88  | 93  | 99  | 105 | 111 | 117 | 123 | 129 |
| D. Hips cm  | 87 | 90  | 93  | 96  | 99  | 102 | 106 | 110 | 115 | 120 | 125 | 130 | 135 | 140 | 145 |
| E. Inside leg cm  | 80 | 80  | 80  | 80  | 80  | 80  | 80  | 80  | 80  | 80  | 80  | 80  | 80  | 80  | 80  |

## Acode

| Men sizes       | XS    | S     | M      | L       | XL      | 2XL     | 3XL     | 4XL     | 5XL     | 6XL     |
|-----------------|-------|-------|--------|---------|---------|---------|---------|---------|---------|---------|
| A. Total height | 40-42 | 44-46 | 48-50  | 52-54   | 56-58   | 60-62   | 64-66   | 68-70   | 72-74   | 76-78   |
| B. Chest cm     | 80-84 | 88-92 | 96-100 | 104-108 | 112-116 | 120-124 | 128-132 | 136-140 | 144-148 | 152-156 |
| C. Waist cm     | 68-72 | 76-80 | 84-88  | 92-97   | 102-108 | 114-120 | 126-132 | 138-144 | 150-156 | 162-168 |

| Women sizes     | S     | M     | L      | XL      | 2XL     |
|-----------------|-------|-------|--------|---------|---------|
| A. Total height | 34-36 | 38-40 | 42-44  | 46-48   | 50-52   |
| B. Chest cm     | 80-84 | 88-92 | 96-100 | 104-110 | 116-122 |
| C. Waist cm     | 66-69 | 72-76 | 80-84  | 88-93   | 99-106  |

## Inches conversions table

| Waist             |   |
|-------------------|---|
| Waist inch-size   | 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54                |
| Waist cm          | 66 69 71 74 76 79 81 84 86 89 91 94 96 99 102 104 107 109 112 114 117 119 122 124 127 129 132 134 137 |
| Längd             |   |
| Inside leg inches | 30 32 34  |
| Inside leg cm     | 76 81 86  |



# Size guide – outdoor

Starting from your own body size, compare to the tables to find the correct size.

## Trousers

When buying trousers, measure waist ( C ), hips ( D ) and your inside leg length ( E ).

## Jackets

For jackets and hoodies measure your chest ( B ), for sizes XS-2XL.

## Please note

All measurements given in the tables are body size, except the inside leg, which is equivalent to the garment's size.

## Men

| Size                  | XS            | S          | M          | L          | XL         | XXL            |
|-----------------------|---------------|------------|------------|------------|------------|----------------|
| <b>Workwear sizes</b> | <b>C44-46</b> | <b>C48</b> | <b>C50</b> | <b>C52</b> | <b>C54</b> | <b>C56-C58</b> |
| B. Chest cm           | 84-88         | 92-96      | 100-104    | 108-112    | 116-120    | 124-128        |
| C. Waist cm           | 76-82         | 82-86      | 86-90      | 90-96      | 96-102     | 102-108        |
| D. Hips cm            | 94-100        | 100-104    | 104-108    | 108-112    | 118        | 118-122        |
| E. Inside leg cm      | 83            | 83         | 83         | 83         | 85         | 85             |

## Women

| Size                  | XS         | S          | M              | L          | XL         | XXL        |
|-----------------------|------------|------------|----------------|------------|------------|------------|
| <b>Workwear sizes</b> | <b>C34</b> | <b>C36</b> | <b>C38-C40</b> | <b>C42</b> | <b>C44</b> | <b>C46</b> |
| B. Chest cm           | 76-80      | 80-84      | 88-92          | 96-100     | 104-110    | 116-122    |
| C. Waist cm           | 64-68      | 68-72      | 72-78          | 78-82      | 82-86      | 86-90      |
| D. Hips cm            | 89-92      | 92-96      | 96-100         | 101-104    | 104-108    | 108-112    |
| E. Inside leg cm      | 79         | 81         | 81             | 81         | 83         | 83         |

